



MONA HASSAN

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I work as a Professor of Mental Health Nursing & Head of Department at the Faculty of Nursing – The British University in Egypt.

I graduated from the Faculty of Nursing Ain Shams University (1991). I was appointed as a demonstrator at Faculty of Nursing Ain Shams University (1993), and got my master's degree in Mental Health Nursing from Ain Shams University in (1999). I got my PhD in Mental health nursing from the Faculty of Nursing at Ain Shams University in (2004) and I got my professorship in mental health nursing from Ain shams University in (2018).

PROFESSIONAL QUALIFICATIONS

Professor – 2018 – Ain Shams University- Psychiatric/ Mental Health Nursing.

Associate professor – 2012 – Ain Shams University- Psychiatric/ Mental Health Nursing.

lecturer- Ph.D. – 2004 – Ain Shams University- Psychiatric/ Mental Health Nursing.

Assistant Lecturer – 1999 – Ain Shams University- Psychiatric/ Mental Health Nursing.

Demonstrator – 1993 – Ain Shams University- Psychiatric/ Mental Health Nursing.

EDUCATION

2018- Professorship in (Psychiatric Mental health Nursing)- Ain Shams

2012- Associate Professor (Psychiatric Mental health Nursing)- Ain Shams University.

2004- Ph.D. (Psychiatric Mental health nursing)- Ain Shams University.

1999- M.Sc. (Psychiatric Mental health nursing) - Ain Shams University.

1991- B.Sc. Faculty of Nursing- Ain Shams University.

HONORS AND AWARDS

- Award for Active Participation Role in Coordination of Scientific Day Entitled “Concepts and Behavior Associated with Substance Use Disorders” Held on October 29, 2019.
- Winning the second prize for Research “Relation between Stress and Working Memory among Academic Students”

GRATITUDE AND APPRECIATION CERTIFICATES

1. Gratitude and Appreciation Certificate for PROFESSORSHIP from the BRITISH UNIVERSITY IN EGYPT September 2018, National Technical Nursing Institutes Curriculum_Development Project:
2. The Education Development Fund with Cooperation with Canada, the Aga Khan University, and Aga Khan Foundation, Certified Completion the Course “ Fundamentals of Competency Based Curriculum Development” for Technical Nursing Institutes Across Arab Republic of Egypt, July, 2017
3. Gratitude and Appreciation Certificate for Supervising the best dissertation project of Undergraduate Student, March 2022,
4. Gratitude and Appreciation Certificate for Winning the Title of the Ideal Mother in the Competition Held at the Level of the Armed Forces, The Military Intelligence Corps, March 2022

TEACHING ACTIVITIES

University Teaching Activities

- **A. Faculty of Nursing – Ain Shams University**

- Participation in teaching and development of the scientific content of Psychiatric/ Mental Health Nursing material
- Participation in Preparation of Course Specification and Course report of Psychiatric / Mental Health Nursing material
- Training and supervision of the students in clinical Training at psychiatric hospitals. From 2004:2017
- Participation in the preparation of Psychiatric/ Mental Health Nursing department Scientific book for students
- Participation in the preparation of psychiatric and mental health nursing final exam and Participation in oral exam committees
- Improvement plan for scientific material for students of the fourth year students
- Participation in teaching Developmental Psychology and final written exam of 3rd year for the academic years 2008:2010

- **B. Health Technical Institute (Ministry of Health and Population)**

techniques Nursing Division –Embaba Health Technical Institute

- Teaching psychiatric/mental health nursing for 1st year students and participate in oral exams as an external examiner for the academic year 2005/2006
- Participation in the teaching of Nursing the Elderly – Second Division of psychiatric nursing

- **C. Police Health Technical Institute**

Teaching psychiatric medicine and nursing for 2nd year nursing students in academic year 2005-2006 and Preparation in Final written and oral exam

- **D. Technical Institute of Nursing at Army Forces**

Teaching psychiatric medicine and nursing for 2nd year nursing students in academic year 2006/2007 and Preparation of Final written and oral exam

- **E. Faculty of Nursing/ Port Said University**

Teaching psychiatric nursing for 3rd year nursing students in academic year 2007/2008, Preparation and mark of Final written and oral exam

- **F. Technical Institute Affiliated to Faculty of Nursing / Ain Shams University**

Making course specification for psychiatric mental health nursing for 2nd year Nursing students at Health technical institute

Teaching psychiatric nursing for 2nd year nursing students, Preparation and mark Final written and oral exam in academic year 2014/2015.

- **Post Graduate Nursing Students – Faculty of Nursing – Ain Shams University (Master Courses)**

1. Participation in Teaching Psychiatric / Mental Health Nursing Seminars, supervision of the students' practical field in psychiatric hospitals, preparing and mark final written exam of Psychiatric Nursing Seminars and Participation in final Oral Exam Committee
2. Participation in Teaching, Preparing and mark Final exam for Research and Psychological Problems in Egypt Module.
3. Participation in Teaching and Preparation of final exam for Module of Human Relations and Group Dynamics in Academic Years 2014: 2017

- **Post Graduate Nursing Students – Faculty of Nursing – Ain Shams University (Doctorate Courses)**

1. Participation in Preparation of Course Specification and Course report of Psychiatric / Mental Health Nursing Seminars (Specific Nursing Module)
2. Participation in Teaching and Preparation of Final Exam and mark Psychiatric / Mental Health Nursing Seminars (Specific Nursing Module)
3. Participation in Preparation of Course Specification and Course report of Psychiatric / Mental Health Nursing Seminars (General Nursing Module)
4. Participation in Teaching Psychiatric / Mental Health Nursing Seminars (General Nursing Module)
5. Participation in Preparation of Final Exam for Psychiatric / Mental Health Nursing Seminars (General Nursing Module)
6. Participation in Preparation of Course Specification and report of Psychological Problems of Adolescents (Elective Module)
7. Participation in Teaching Psychological Problems of Adolescents (Elective Module)
8. Participation in Preparation of Final Exam for Psychological Problems of Adolescents (Elective Module)
9. Preparation of Course Specification of Elective Modules as Following:
 - Patients' Rights
 - Ethics of Scientific Research

- Participation in Teaching and Preparation and mark of final exam for Human Relations and Group Dynamics Module in Academic Year 2015:2017
- Participation in teaching and preparation with its mark for Quality Diploma
 - **Post Graduate Nursing Students – Faculty of Nursing Helwan University (Master Courses)**
- 1. Preparation of Course Specification for Human Relations and Group Dynamic Module
- 2. Participation in Teaching and Preparation and mark of Final Written and Oral Exam for Human Relations and Group Dynamics Module in Academic Year 2014/2015
- Participation in the preparation of psychometric scale (to monitor psychological disorders among students) and has been used in the committee of personal interview for newly comers' students for admission to the college for the academic year 2012-2013
- Participation in a personal interview for newly students for the academic years 2012: 2017

PUBLICATIONS EXPERIENCE

- 1- **Research Title:** Interpersonal Communication Patterns as Perceived by Nursing Students in there Clinical Training.
Publication: Current Psychiatry Vol. 16 No. 2April 2009.
- 2- **Research Title:** Predictors of Health Related Quality of Life for Patients with Chronic Hepatitis C Virus
Publication: Sc.J.AZ.Med.Fac.(Girls). Vol.29, No.2, May,2008: ISSN 1110 – 238.
- 3- **Research Title:** The Effect of Stress Management Techniques on Controlling Stressors among Patients with Chronic Renal Failure.
Publication: THE EGYPTIAN JOURNAL OF MEDICAL SCIENCES VOL.27- NO.2-DECEMBER 2006 (ISSN:1110 – 0540) EGYPT.J.MED.SCI.27(2) DECEMBER 2006:779-793.
- 5- **Research Title:** Counseling Intervention for Caregivers of Patients with Alzheimer
Publication: THE EGYPTIAN JOURNAL OF MEDICAL SCIENCES VOL. 28- No.1- JUNE 2007 (ISSN:1110 – 0540) EGYPT.J.MED.SCI.28(1) JUNE2007:307-321
- 6- **Research Title:** Problems of children with type 1 diabetes and their caregivers' burdens.
Publication: Journal of CHILDHOOD STUDIES ISSUE 52 VOL.14 JUL SEP. 2011.
- 7- **Research Title:** Sleep pattern and work performance among internship nursing students.
Publication: Current Psychiatry Vol. 16 No. 2April 2009.
- 8- **Research Title:** Psychosocial profile of institutionalized children.
Publication: Journal of CHILDHOOD STUDIES ISSUE 52 VOL.14 JUL SEP. 2011 PP 25.
- 9- **Research Title:** Training Program for Nursing Staff about Psychological Support Techniques for Children with Leukemia and Their Families.
Publication: Egyptian Journal of Health Care Volume (5) Number (3) December (2014) ISSN 1687-9546.
- 10- **Research Title:** Assertiveness Behavior among Nurses Working in Critical Care Units.
Publication: SC.J.AZ.Med.Fac.(Girls). Vol.32, No.1, Jan 2011:171-185. ISSN 1110-2381.

- 11- Research Title:** INTERPERSONAL COMMUNICATION PATTERNAS PERCEIVED BY NURSING STUDENTS IN THEIR CLINICAL TRAINING.
Publication: SC.J.AZ.Med.Fac.(Girls). Vol.32, No.1, Jan 2011:171-185. ISSN 1110-2381.
- 12- Research Title:** Nutrition Role in the Management of Psychiatric Disorders.
Publication: Egyptian Journal of Health Care, 2016 EJHC Vol. 7 No.4 December2016 ISSN 1687-9546.
- 13- Research Title:** Improving Coping Patterns for Parents Caring for Children with Autism.
Publication: Egyptian Journal of Health Care, 2011 EJHC Vol. 2 No.1 June 2011.
- 14- Research Title:** Smoking Cessation Program for Lung Cancer Patients.
Publication: Egyptian Journal of Health Care.
- 15- Research Title:** Self – Concept and Coping Pattern among Infertile Women.
Publication: Egyptian Journal of Health Care, 2016 EJHC Vol. (6) No. (2) June2015 ISSN 1687-9546.
- 16- Research Title:** The Relationship between Emotional Intelligence and Quality of life among University Teachers.
Publication: The 6th International Scientific Nursing Conference 2014 Faculty of Nursing, Helwan University, Egypt Advances in Nursing Profession: Education & Practice.
- 17- Research Title:** I Effect of Nutrition Awareness on Sleep Quality among Elderly Women.
Publication: The 6th International Scientific Nursing Conference 2014 Faculty of Nursing, Helwan University, Egypt Advances in Nursing Profession: Education & Practice.
- 18- Research Title:** INTERPERSONAL COMMUNICATION PATTERNAS PERCEIVED BY NURSING STUDENTS IN THEIR CLINICAL TRAINING.
Publication: Current Psychiatry Vol. 16 No. 2April 2009.
- 19- Research Title:** Relation Between Expressed Emotion and Burden among Family Caregivers of Patients with Dementia
Publication: Accepted in Port Saied Scientific Journal of Nursing.
- 20- Research Title:** Relation between stress and Tension Type Headache among Academic Students: Cryotherapy Role.
Publication: Accepted in Middle East Current Psychiatry.
- 21- Research Title:** Nutrition Role in the management of Psychiatric Disorders.
Publication: Accepted in Egyptian Journal of Health Care.
- 22- Research Title:** Effectiveness of Communication Skills Training Program on Empathetic Skill and Communication Self Efficacy of Pediatric Oncology Nurses.
Publication: Current IOSR Journal of Nursing and Health Science (IOSR-JNHS) e2320–1959.p- ISSN: 2320–1940 Volume 7, Issue 2 Ver. 1 (March .2018), PP 75-8.
- 23- Research Title:** Workplace Spirituality as Perceived by Nurse Managers and its Relationship with Leadership Practices.
Publication: Assiut Scientific Nursing Journal 2017 volume (5) no (11).
- 24- Research Title:** Relationship between Locus of Control and Suicide Attitude among Adolescents Commit Suicide Attempt.
Publication: IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320–1959.p- ISSN: 2320– 1940 Volume 7, Issue 2 Ver. 1 (March .2018), PP 86-99.
- 25- Research Title:** Factors Correlated with Relapse among Substance Abuse Patients.

Publication: Egyptian Journal of Health Care, EJHC Vol. 9 No.1 March 2018 ISSN 1687-9546.

Scientific Theses Supervision and Approved

- About **(48)** theses were supervised for master and doctorate degrees.

Member among Internal and External University Scientific Committee for Arbitration of Master and Doctorate Theses. About **(11)**

Supervising undergraduate students' research.

- About **(6)** Researches were supervised for undergraduate students.

PROFESSIONAL TRAINING

- Actively Participated as an **Organizer and Speaker** in the Scientific Day of Psychiatric/ Mental Health Nursing Department Entitled "Research Methodology: Techniques & Approach"
- Actively Participated as an **Organizer and Speaker** in the Scientific Day of Psychiatric/ Mental Health Nursing Department Entitled "New Trends in Psychiatric Nursing"
- Participated and attended many **scientific seminars Scientific and Conferences** more than **20** seminars and conferences.
- **About 40 Workshops** between Participation and being organizer.

LANGUAGES

Arabic: Native Language

English: Advanced Listener, Advanced Speaker, Advanced Reading, and Writing.

COMMUNITY SERVICE

Participating in organizing charity exhibitions college, in the period from 18 – 19/3/2014

- **Certificate of Appreciation** for active participation in the medical convoy entitled awareness campaign "Interested in your life ... The most important health fortune" dated October 26 to 27, 2015.
- Participate in the organization of World Diabetes Day primarily Faculty of Nursing, on Sunday 11/15/2015
- **Acknowledgement** for active participation in organizing the charity exhibition for college students, and on Wednesday, 10/29/2014
- Attend a seminar entitled "The impact of mobile phones on the environment and health" in the figures of the annual cultural festival of the college environment and organized by the community service sector and the development of the environment in the period from 06/04/2016 till 14/04/2016

- Participate threw a seminar entitled "secret of success" in the figures of the annual cultural festival of the college environment and organized by the community service sector and the development of the environment in the period from 04/06/2016 till 14/04/2016.
- Attend a seminar entitled "How to prevent breast cancer" in the figures of the annual cultural festival of the college environment and organized by the community service sector and the development of the environment in the period from 04/06/2016 till 14/04/2016
- Active participation of scientific exhibition format "work leaflets 20 for critical thinking" in the figures of the annual cultural festival of the college environment and organized by the society and the development of the service sector.
- Active participation in the implementation of the twelfth of the Faculty of Pharmacy and Medical campaign, which was organized in the 23/8 to 1/9 / 2016.

OTHER

Interests/Hobbies

Readings in Herbal Medicine